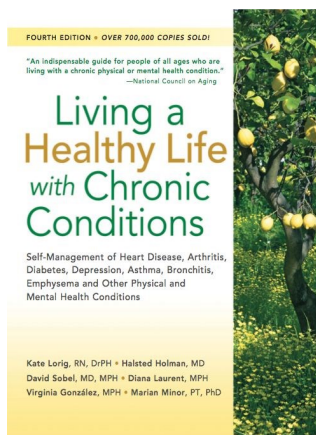


Healthy Living Workshop

Living with a Chronic Health Condition

Do you have diabetes, heart disease, COPD, arthritis, fibromyalgia, chronic pain, depression or any other ongoing health condition?



This Complimentary Healthy Living Workshop **PLUS** guide book offers much self-management support & tools for those living with a chronic health condition or living with someone who does.

**Every Thursday May 5 through June 9
2016**

1pm to 3:30pm

Center for Physical Excellence

3117 Stillwater Dr.
Prescott, AZ 86305

Reserve Your Space Now

Beth Brehio
928-775-9993 x 4272

Area Agency on Aging NACOG

1-877-521-3500



Arizona Living Well Institute



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